

*The Voice of a
Peaceful Heart*

(previously published as *Infinite Happiness*)



Develop
Your
Intuition



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In my native language, Japanese, we write the word for intuition in three characters. The first character (直) means direct. The second character (観) means perception. The third character (力) means power. By looking at these written characters, we can understand that intuition is the faculty or power to perceive something directly.

Here is how I would explain it. The word “intuition” refers to the functioning of an unseen power originating at the source of our life. It is the power that allows our mind to respond directly to God, the Law of the Universe.

To live vibrantly and energetically, and to accomplish our true purpose in life, we must develop our intuition and make full use of it. Intuition is, indeed, the most important thing in life.

This power called intuition is something that everyone has been endowed with, from the very beginning. We have each been provided with the ability to intently perceive the intention of the Universal Law—the vibrations emanating

from heaven. People with highly developed intuition never experience misery or discord in their lives, because they are living and expressing the will of the Universe itself.

The Universe is continually radiating its precepts to anyone and everyone on an equal basis. Those who can directly tune in to it and naturally accept it, just as it is, are those who can live in a world of perfect harmony, free from suffering and misfortune. They, in turn, radiate happiness outward to others. All of us possess the power of intuition. What ultimately decides our fate is whether or not we can make full use of it.

There are many people in this world who end their lives without using their intuitive faculties even once. There are many who depend only on practical knowledge and on the information gathered during their current lifetime. It is no exaggeration to say that those people are the unhappy ones, the ones who are suffering.

We need to realise that there is something beyond the scope of commonly accepted attitudes and conventional knowledge—a strong, invisible power that works on our lives. No matter how much effort and patience we may be exerting to expand our knowledge and demonstrate it to others, this alone cannot bring us fulfilment.

Actually, there do exist people who lead worthy lives relying on neither practical nor factual knowledge. These people are fully aware of the wonders of intuition, and they understand it. As they rely entirely on their intuition, they are never led astray by outside influences. They have a strong

will to follow their conscience, and they live with confidence.

On the other hand, there are also people who only follow what others say, swallowing it whole. They imitate others at all times, without ever exercising their own judgment or setting their own guidelines. These people have not yet recognised and developed their intuitive faculties.

Developing your intuition means cultivating your faculty for allowing the vibrations from heaven to be received directly into your body. Once this power is developed, you can pursue your true way of life without imitating others. This is something you must do, for your way of life is different from anyone else's, and it can be accomplished by no one other than yourself.

Once we have developed our intuition, we shall never fall into misfortune. We will never attract suffering and tragedy, nor will we become entangled in discord. Since our actions will originate in the Great Harmony of the Universe, we will be able to emanate unending happiness and prosperity into this world.

It is because people's intuition is dim or inactive, or because they are unaware of their intuition, that they have diverted from their true path in life. They have placed themselves in a state of delusion and suffering, experiencing the same needless miseries over and over again. If only they were to open their eyes to their inner, intuitive power, their view on life would change completely. They would clearly discern their own path, as if the blindfolds had been lifted from their eyes.

Since intuition is the faculty for directly receiving the vibrations of the Universal Law, when this power is inhibited, people are unable to perceive those fine vibrations accurately. As a result, they easily stray in the wrong direction, and encounter misfortune, suffering and miseries that might have been avoided.

When our intuition is highly developed, the intention of the Universe is directly felt in our hearts, clearly indicating how we should proceed. If we are constantly attuned to this divine vibration, we can spontaneously give expression to it in the natural course of our lives.

The “Universe” could also be called Infinite Life, Infinite Creativity or God. All the faculties of this Infinite Life can be directly conveyed into our minds. Unlimited capability, unending happiness, true freedom, a calming sense of beauty, boundless vitality—all these qualities can be directly conveyed to us. When we exhibit these qualities, everything flourishes and we experience true fulfilment.

Why do we not reach out to catch the limitless qualities being radiated to us? Why do we not even try to receive them? If each member of humanity were to awaken to their intuition, I feel that the world would immediately be led to peace.

But the awakening of individuals is a difficult goal to achieve. Why is this so? It is because most people are entirely preoccupied with fulfilling their immediate, short-term desires. Even though the precepts of the Universal Law are resonating everywhere, how many people respond to this

fine resonance? Very, very few. Only those who have acknowledged their original identity can respond to it. As for the others, no matter how the Universal Law acts upon them, they take no notice. Driven by the impetus of their erroneous thinking, they chase round and round, pursuing their own miseries.

People who have lost their intuition

Look closely at the lifestyles of those who have lost their intuition. As if caught in a web, they are entrapped by their materially-oriented desires. Believing that happiness comes solely from the attainment of material goals, they live their lives without utilising their intuition.

Even though they may already possess material wealth, they are bent on acquiring more. They have become enslaved by their possessions. They are tossed about and controlled by their attachment to wealth.

Think about the plight of the highly educated. In spite of the public acclaim they receive, many of them are caged within the boundaries of their own knowledge and have lost their intuition.

Think about those who believe themselves to be devout, but are suffering because their lives are restricted by formalism, dogma and convention. Since they have lost their intuition, they are unable to live in peace.

All these people have inadvertently built walls in front of themselves, motivated by their short-sighted purposes and

desires. Those very walls are what stop them from moving ahead. People are now either treating those rigid, thick, self-created walls as if they were enemies to be struggled against, or else they are trying to run away from them.

People who have lost their intuition lack true understanding. They believe whatever is generally believed by the majority, and have built their lives around those beliefs. Having lost track of their inner power and purpose in this world, they are quite at sea, not knowing what they should do. Not one of them has a sense of true fulfilment. Not one of them is happy. Not one of them is calling forth their true, God-given power.

The majority of today's people are living this way. In living without their intuition, they have created a world of illusion: the world of the ego.

Accept nothing in this world of illusion

Never accept anything in this world of illusion. Until your intuition is enhanced, until you have broken down all the obstacles built by yourself, until you have rejected and given up every belief accumulated through the functioning of your ego, do not accept a thing. Until you call forth your own distinct intuition, you will not be able to discover your new, clear purpose in life. And unless your intuitive power reverberates straight through from the bottom of your soul, it is not real.

Whether it be authority, fame, honour, wealth, money,

property, family name, knowledge, education, death, illness, trouble, misery, crime, sin or desire, never trust in anything, not even yourself—not until you have fully grasped the truth of your existence.

People are being crushed under the weight of all that they have taken in, yet they are still demanding more. But if we believed in all the knowledge, information and know-how that inundate our world today, we could easily stray in the wrong direction.

Whether or not you believe something should be determined only by your own authentic intuition. True intuition, and true intuition alone, can show you what to accept and what to reject. Even though other people may believe something, that in itself does not mean that you must also believe it. Your true and unerring intuition should be the decision maker for each and every moment in your life.

Human beings are originally divinity itself—infinite life itself. They are not the conglomerations of avarice, greed or ego that they appear to be. The problem arises when people do not recognise their true, fundamental nature. This causes them to either put on airs or underestimate themselves. After all, how can you possibly stay on the right track unless you have at least a faint sense of the superb intuitive power, talent and vocational calling that exist within you?

So that everyone can discover these qualities within themselves, we must avoid forcing our ideas and opinions on others. We must try not to intrude into other people's freedom or beliefs: this is a fundamental principle. Even between

parent and child, it is important to respect one another's individuality and keep interference to a minimum.

In reality, though, this is quite difficult. Until now, we have always listened to the learned, to those who are called leaders, experts or knowledgeable people. We have accepted their words as being unquestionably true. Indeed, some of what they have said may have been true, but often enough, their ideas exist on a plane with similar ideas, generated by people who vie with each other for dominance or authority.

It is neither your duty nor your destiny to be moulded by other people's ideas. If you have been living this way, it is the result of your lack of intuition. You are the one responsible for finding your way in life—only then can you be absolutely confident, with no doubts and no regrets. Only then can you experience the true joy of living.

Recognise your intuitive power

It is time for you to recognise your true intuitive power, and acquire the courage to reject everything else. To unquestioningly assimilate the deluge of information that engulfs our world could result in great confusion. With careful consideration, you must firmly reject what needs to be rejected. In many cases, people are burdened with misfortunes and sufferings that are quite uncalled for, just because they could not say "no" or reject something when they had to.

In the end, those misfortunes and sufferings were unpreventable, since they resulted from people's own decisions,

made under the assumption that they would turn out satisfactorily. But in order to prevent those same kinds of mistakes from recurring in the future, I urge you to live your life in a way that lets you become conscious of your intuition as soon as possible.

Intuition always exists in you.

It was there from the beginning.

It is not man-made, nor does it need to be.

It is within you.

It is around you.

It is you.

There is no need to search for it.

You simply need to become aware of it.

Become aware that you are a spirit from God.

You are no longer asleep.

You are no longer dreaming.

You have come to see the truth.

The truth is

That you are a child of God,

Shining brightly.

Truth is the activity of an awakened consciousness. It is the consciousness of divinity, conveyed to us through intuition.

Until today you may have left your intuition untouched, leaving it for another day. But it exists now, at this very moment. Intuition is not of the future, nor is it of the past: it is of the here and now. Truth and intuition exist at all times in every human being.

It is not your struggle for freedom that will set you free—it is the truth that will set you free. It is your intuition that will set you free. You must take hold of the chance to discover your true Self, the real you. You must let your present self merge with your true, original Self.

Our true Self is not motivated by other people's thoughts or expectations. We must receive our motivation from the intuitive wisdom of the Universe that naturally exists within us.

Do not look at a fragmented picture

When our actions are guided by our intuition, there is no emotional complication, no conflict or tension. Even though, from other people's point of view, it might seem as though we are putting forth a lot of effort, we, ourselves, experience no exertion and no strain. Our whole existence, being truly awakened, is living with joy.

On the other hand, when we try to reason things out without a having a full perspective, we are only seeing a fragmented picture. This often plants seeds of conflict in the mind. Unless our thoughts rise from the very source of our mind, through intuition, we will not be able to find true solutions.

For example, think about those who have awakened to the degree that they feel pangs of conscience over their desire for material possessions. They now feel a disgust for material things, and try to be completely free from avarice. But the more they struggle to be free, the more preoccupied they become with becoming free from their avarice. Instead of truly becoming free, they become obsessed by the idea of becoming free from avarice. Their obsession inhibits their spontaneity. They are distancing themselves from true freedom.

The same might be said of health-conscious people. The harder they try to be healthy, the more difficult it becomes for them to run away from their anxiety over illness.

Rather than letting go of their fixed ideas and wholeheartedly praying to their infinite, divine Selves, people have been attaching themselves to ideas that come from the limited scope of their superficial knowledge. If you keep looking at a fragmented picture, your attempts at problem-solving cannot bring a fundamental solution. They only produce more conflict, confusion, misery and fear.

If those who are fearful were only aware of their intuitive power, they would strive to identify the source of their fear. They would look straight into their fear to determine what it consisted of without averting their eyes or trying to run away from it. In examining their fear, they would find that it had ceased of its own accord.

To do this is neither courageous nor cowardly; it simply entails examining one's fear and understanding it, through

intuition, so that one no longer has any fear to run away from or to be frightened of. The fear has been extinguished.

Whatever kind of anguish it might be, if you try to run away from it, you will never really be able to dispel it. The solution to a problem is found in looking straight into the cause, even though it may be secret or shameful. Look at the source of your problem, without averting your eyes, and you will find the key to its solution.

Attune your mind to your true self

How wonderful it will be when we are completely free from desire and greed. All our suffering, sadness and fear are born from desire and greed. When people free themselves from all the desire and greed that are concealed within them, they will experience happiness far greater than they ever imagined possible.

People today have become obsessed with various demands and desires. They have come to believe that possession, whether material or intellectual, is the one and only thing in life. Their minds are fully occupied by the pleasure and sense of superiority derived from possessing all sorts of material and intellectual assets. Instead of wishing to heighten their character or give expression to their true identity, they aim only at obtaining something from the outside world or at becoming something in terms of the outside world.

The human subconscious is filled with aspirations of

becoming a person of consequence, of having a good name, of having a title or authority. We have become enslaved by these ideas, which have been drilled into our subconscious over a long period of time. We have been reinstalling these values in our minds, over and over again. This vicious circle has brought this planet, and the human race, to the brink of collapse.

At this point, someone has to put an end to this historical vicious circle. It will take considerable courage to achieve this. It will mean walking away from our half-hearted, lackadaisical attitudes. It will mean freeing ourselves from long established habits; but, in severing our inclination to strive for possessions or status, we will be reborn to a new way of life.

God's mind is our mind

To discover this new way of life, we must cultivate the intuitive power that we were born with. We must switch over to an intuitively-guided lifestyle. Using our intuition, we can achieve an unerring, brilliant life.

We human beings are originally motivated to live just as our intuition tells us to live. At all times, human beings exist within the omnipotence of the Universe, or "God."

Though we have come to look upon God as an outside existence, separate from ourselves, in reality, nothing separates us from God. There is no distance between God and ourselves, nor is there any interval when we live apart from God.

Because we live in God, God's mind is our mind. When we talk about our "true Self" we are talking about God. By attuning our mind to our true Self, we can directly understand the divine intention: this is what intuition is.

The notion of a distance between God and man, or the idea that God and man are separate existences, is false, and it comes from having forgotten truth. In reality, we are firmly and fully united with God through an infallible spiritual bond.

As God communicates with us, God's intention spontaneously reverberates within us by way of intuition. If we always think of God, pray to God and attune our consciousness to God, God's intention will be projected into this world through our minds. People whose intuitive faculties function naturally and smoothly are living their lives according to the design of God.

Intuition is a power discerned only by those who believe in God's love. It is an absolute power, indispensable to our life in this world.

True intuition or subconscious influences?

Even if desires are now churning in your heart, intuition can nonetheless be received, without fail, at the moment when you attune your mind to your true Self: God. Intuition is not a special power exclusive to the honourable, the pure, the noble or the virtuous. Intuition is a universal power provided to us all.

Since the power of intuition transcends everything, it has nothing to do with age, sex, race, culture or academic background. Though you might be a criminal, or have a sinful, sordid or disgraceful heart, intuition can be attained at the moment when you direct your mind to your true Self.

The essential condition for developing your intuitive power is to always have your mind attuned to your true Self. You must also be aware that, if thoughts and ideas flash into your mind or flicker through your thoughts when you are not attuned to your true Self, those thoughts and ideas do not come from your true Self.

When our minds are not attuned to our true Self, we could hardly expect the vibrations of truth to come resonating through. Therefore, if various thoughts and ideas come to us in a flash, when our minds are not attuned to our true Self, those thoughts and ideas are not the product of true intuition, but come from subconscious influences. A distinction must be made between the two.

As our egocentric desires keep repeating themselves in our minds, they sometimes take the form of flashing ideas that recur during a moment of forgetfulness. It is important to recognise that these phenomena are not examples of true intuition. True intuition and subconscious phenomena have entirely different functions.

Intuitive power is constantly flowing into people like you, who cherish a strong desire for world peace, because world peace in itself is the desire of your true Self. When you are faced with a decision, direct your mind to your true Self and

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pray for world peace. The wavelength of your prayer will synchronise with the wavelength of your true, divine Self, and it will be conveyed to you in the form of intuition. Your intuition will naturally come through to you, sharp and clear, when you pray for the peace of mankind.

As we continue to develop and refine our intuition, the day will certainly come when our highest hopes will come to fruition.

May Peace Prevail on Earth.

From **The Voice of a Peaceful Heart** by Masami Saionji (publication pending)

Previously published as **Infinite Happiness: Discovering your inner wisdom** © 1996, ISBN 1-85230-885-0